



## **FUNDAMENTAL OF FIREARMS AND COMBATIVES**

FUNDAMENTALS OF FIREARMS AND COMBATIVES course is designed to significantly increase the skill level of any marksman utilizing a semi-automatic carbine and pistol, and to teach you complementary combative skills for the modern gunfighter. The course will consist of approximately 1 hour of instruction on firearm & firearm operation, combatives overview and the safe and correct way to handle and operate both weapon systems on and off the range. The initial instruction will be followed by 15 hours of gradually perplexing drills that involve a variety of shooting positions, distances, speed work, and combative instruction from different distances and positions for the operational individual or team. These drills will primarily originate from the standing position and are designed to improve both speed, accuracy and targeting. Combatives instruction will allow each individual to enhance their personal/team survivability and be successful in a physical confrontation. Upon completion of this course the student will have a thorough understanding of firearm safety, firearm operation, the ability to engage multiple targets with multiple shots, go hands-on when applicable with the knowledge and skills required to save lives.

**Course Objective:** Each student will gain a high level of confidence in real life combatives skills, and the safe handling and operation of an AR-15 type rifle and pistol. Both of these critical skills together will examine the baseline abilities of each student and allow them to dramatically improve their skills in a pragmatic and highly exercised format.

### **Enabling Objectives:**

- General firearms safety
- Verify safe, loading, unloading procedure, and proper clearing of weapons
- Operation and manipulation of the AR-15 type rifle and pistol
- Sights, zeroing considerations & techniques, slings, and equipment placement
- Reloading and malfunction drills
- Fundamentals of rifle and Pistol marksmanship
- Shooting positions
- Multiple target engagements
- Learning the human anatomy for a physical confrontation
- Understanding what the reactionary gap is and how to utilize distance
- Reducing risk to you and maximizing the efficiency of target striking
- Understanding the fight, flight or freeze paradigm
- How to retain your gun in close quarters situations
- To draw your tools for a close encounter with an attacker

**Prerequisite:** A basic understanding of firearms safety and operation, and an interest in harnessing combined weapons and combatives skills.

**Training schedule:** Show time is 8:30am with instruction starting at 9:00am and ending at 5pm. A one-hour period is allotted for lunch.

### **Individual equipment (Student Furnished) for Firearms & Fieldcraft Skills instruction:**

- Carbine with 3 magazines and sling
- Optical sight for carbine (optional, but highly recommended)
  - Pistol with 3 magazines and holster
  - Belt, LBE or protective vest
  - Magazine pouches (pistol and rifle)
  - Knee and elbow pads (optional)

**Individual equipment (Student Furnished) for Firearms & Fieldcraft Skills instruction [continued]:**

- Weapon cleaning kit (with oil for carbine)
- Eye and ear protection
- Note taking tools (pen/pencil & notebook).
- Groin protection I.e. cup
- Mouthpiece
- Training gun that doesn't shoot I.e. Blue gun, SIRT etc. with holster
- Training knife (no sharp edge, not able to cut or stab) with holster
- Tactical or work gloves with dexterity
- Inclement weather gear and environmental protections:
  - Rain gear
  - Cold/Cool weather gear (seasonal dependent)
  - Sunscreen
  - Bug spray
- Water/food (1hr lunch break)

**Ammo requirements (Student Furnished):** 700 rounds of rifle, and 600 rounds of pistol ammunition per person.

**Course includes:** 16 hours of instruction and fundamental understanding of how to defend yourself in a up close and personal physical confrontation with a gun, knife or empty hands.

**Cost:** \$550 tuition fee. Includes all range fees.